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Liz Tatum MA, NCC, LPC
Psychotherapist

liz.tatum@hotmail.com

Fill me in with a few details of your personal story...

Today's Date: _____

Name: _____

Date of Birth: _____

Snail Mail: _____

Email: _____

Cell Number: _____

Education Level: _____

Employer: _____ Position: _____

Emergency contact: _____ Relation: _____

Family of Origin:

Sibling names: _____

Family of Choice:

Spouse/Partner: _____ N/A

Children/ages: _____ N/A

Current/Previous Mental Health Diagnosis: _____

Current Medications: _____



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Primary Care Physician/Contact Info: _____
 _____ N/A

Psychiatrist Name: _____ N/A

Previous Hospitalizations (hospital/date/reason): _____
 _____ N/A

Your vision for this therapy process: _____

Do you have hope for yourself? Yes No

Highlight the words that currently describe you

Circle the words you are working toward

- | | | | |
|---------------|-------------|---------------|-------------|
| introverted | adventurous | leader | fickle |
| extroverted | balanced | logical | passive |
| adaptable | calm | modest | honest |
| goal oriented | optimistic | observant | conformist |
| ambitious | confident | peaceful | anxious |
| likable | risk taker | intentional | predictable |
| strong | dramatic | realistic | skeptical |
| friendly | empathetic | self critical | competitive |
| kind | forgiving | sensitive | decisive |
| misunderstood | healthy | impulsive | insecure |
| misguided | intuitive | patient | aggressive |